



STE
Tour Operator
Incoming Isola d'Elba

THE ISLAND OF ELBA IS HOLIDAY AND HEALTH

The San Giovanni Thermal Spa, situated on the Portoferraio Gulf, uses a sea mud that is like "Liman" from the Black Sea for its therapeutic treatments. This is rich in sulphur, iodine, vitamins and mineral salts. It is active, above all, on arthritis, acne, cellulite, psoriasis. Specially concentrated and filtered seawater is used for inhalation cures and for water therapy. The later is carried out using a method that is exclusive to San Giovanni, enriched with a concentrated decoction of algae and marine plants that grow around the Spa.

HEALTH WEEK 2008

(from Monday to Saturday, from April to October)

SPA CURES AND PRICE LIST

ANTISTRESS TREATMENT

Suitable for people of all ages, who have a hyper-active life and are subject to both physical and mental stress. First there is a pre-treatment peeling using a marine algae gel, then 6 bubble baths with sea algae extract, diuretic herb tea and a medical check-up: Euro 175.00. With an additional 6 massages it rises to: Euro 315.00.

SKIN TREATMENT

This is particularly suitable for acne, eczema, skin aging. The treatment comprises of vapour treatment with marine algae extract, 6 facial mask applications of spa mud, an AZ treatment, 6 face massages and a medical check-up. Euro 225.00.

SLIMMING TREATMENT

Useful for people who have circulatory problems in the lower limbs along with water retention and for those who are affected with Cellulite. It gives strong support to keeping one's figure and has firming action on tissues, it is useful for anyone on a diet. The treatment comprises of an initial peeling with marine algae gel, 6 hydro-massages with sea algae extract, diet plan for a balanced diet, diuretic herb tea and medical check-up. Euro 255.00. With 6 additional relaxing massages: Euro 400.00.

ANTISMOG TREATMENT

Useful in the fight against rhinitis, pharyngeal-laryngitis, sinusitis and bronchitis. It comprises of 6 inhalations and 6 iodine salt vaporizations and a medical check-up: Euro 140.00.

TREATMENT FOR ARTHRITIS, ACNE, PSORIASIS

It consists in 6 mud baths, 6 baths with marine algae extract and a medical check-up: Euro 255.00. Two weeks are advisable.

It is also possible to have aesthetic and curative massages (shiatsu, kinesis-therapy) and other special treatments such as passive gymnastics, corrective gymnastics, physical treatments (ionoforesis, ultra-sound, Marconi, radar, bier ovens).

All our patients will receive a one litre bottle of concentrated marine algae at 25% discount.

Special Offer Elba Spa with STE (up to 08/06 and from 31/08): 5% discount on the Spa price list for anyone who books a stay (min. 7 nights) + spa cures, this can be used with the "Ferry Discount" offer in the scheduled periods. The Spa cures mentioned above can be combined with stays in any hotel or residence in our brochure.